

**SeaGreen Singers (Oxford)**  
**Womens Intl. Festival Songbook -**  
**March 8th 2016**  
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**Lyrics & Song sheets**

**If you like singing come and join us -  
All are welcome and you don't need singing  
experience, and you don't need to read music.**

The Seagreen Singers are a group based in Oxford singing songs to change the world about peace, protest, environment, feminism.

The SeaGreen Singers is named after the colour of the ribbons worn by the Levellers, a radical movement in Cromwell's Model Army. The Levellers believed in equality for all, justice, and human rights.

. We meet at St.Columba's Church Hall, Alfred Street (just off the High Street, Carfax end) Oxford, on Mondays at 8pm.

For more information ring 07815 914776, or email [mail@seagreensingers.com](mailto:mail@seagreensingers.com) or look at the website

**<http://www.seagreensingers.com>**

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*twice through, same words  
each time*

We are women,  
come together,  
come together in harmony  
Singing songs  
of peace and justice,  
Peace and justice  
will set us free  
Unison in Harmony

### **3. Women's Song**

1. : *women only, in unison  
on alto tune*  
Women born without a past  
We whose history's quite  
unknown  
Since the darkest times –  
women  
Live a life that's never  
shown

**Chorus:** *all parts*

Rise up, women we are  
slaves all  
Break out, escape, tear  
down the wall  
Arise, arise, arise, arise

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2. *all parts*

Women humiliated,  
crushed  
Bought and sold, raped  
and oppressed  
Everywhere, every home –  
women  
Outsiders, social rejects

3. *women only, in two parts*

Woman ignored by  
everyone  
Sad, alone where do we  
start  
They have divided us –  
women  
Sisters, we are kept apart

4. *all parts*

Women it is time to strike  
Our time has come around  
Recognize our strength  
women  
Thousands round us can  
be found

5. *all parts*

Women, we must be aware  
Speak out, look around,  
behold  
All together, now – women  
All as one we must revolt

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## 10. Bella Ciao-Sing for Women

tune: Bella Ciao,

1. We are singing, for women's future ,  
For equal pay, an equal say,  
we need a change now now,  
Be stronger women, Stand up, say 'no',  
Don't take injustice any more.

2. Most work is equal, and gender neutral,  
We should be treated just the same  
for the same work we do,  
But has your pay cheque got a gender ?  
Does it weigh less than the man's?

3. We are fighting 'gainst exploitation,  
'Gainst subjugation, mutilation,  
we want change now now

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Be stronger women, Stand up, say 'no',  
Don't take injustice any more.

4. There's much we've done now  
but more to do now,  
Some want reverse to make things worse, so we say no no no  
Be stronger women, Stand up, say no,  
Dont take injustice any more

6 . Now we are saying,  
stop rape and violence  
stop the groping, lets start hoping end it now, now now  
Be stronger women, Stand up, say 'no',  
Don't take injustice any more.

5. We're half the planet,  
we're half the people  
We stand erect, we want respect we want it now now now

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Nana was a suffragette,  
their voices still survive  
Singing votes for Women is just the beginning  
You haven't seen anything yet  
Nana was a suffragette.

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## 5. Wangari -

about Wangari Muta Maathai, Kenyan activist who encouraged women to plant trees - song by Polly Bolton

**A:** Sow the seed it will be,  
one more tree to grace the earth **x2**

**B:** Wangari, wangari **x2**

**repeat A and B**

**C:** *unison*

One seed, one tree,  
one woman unbowed x2

**C: repeat in canon**

*[sing this line as a round each group starting their cycle after 'one seed', i.e. one seed... - one seed... - one seed...]*

**Repeat A and B**

## 8. Bread And Roses

Words by James Oppenheim

### 1. *all parts:*

As we come marching  
marching in the beauty of  
the day  
A million darkened  
kitchens, a thousand mill  
lofts gray  
Are touched with all the  
radiance that a sudden sun  
discloses  
For the people hear us  
singing, bread and roses,  
bread and roses.

### 2. *all parts:*

As we come marching,  
marching, we battle too for  
men  
United in the struggle and  
we stand with them again  
Our lives shall not be  
sweated from birth until life  
closes  
Hearts starve as well as  
bodies; give us bread, but  
give us roses

### 3. *Women only in harmony, quietly*

*men humming:?*

As we come marching,  
marching, unnumbered  
women dead  
Go crying through our  
singing their ancient cry for  
bread  
Small art and love and  
beauty their drudging  
spirits knew  
Yes, it is bread we fight for  
– but we fight for roses too!

### 4. *all parts:*

As we come marching,  
marching, we bring you  
hope at last  
The rising of the women  
means the rising of the  
class  
No more the drudge and  
idler – ten that toil where  
one reposes  
But a sharing of life's  
glories: Bread and roses,  
Bread and roses

### 5. *Women only in harmony*